



ROAM

Remote Older
Adult Monitoring

1 Weekly Maintenance
Seniors participate and record their vitals

2 Alert
Any abnormality is instantly recognized by the on call nurse

3 Intervention
Appropriate interventions are determined by the senior, nurse, and primary care provider

4 Prevention
More serious issues are prevented or avoided by the early intervention

5 Follow-Up
Seniors can continue to monitor their vital signs and communicate with the remote nurse

6 Independence
Seniors are now able to live independently with more confidence and support for their health



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Scott Township
Scott Township Municipal Building
1038 Montdale Rd. Scott Township, PA 18447
Mondays 1-2:30pm

North Pocono
North Pocono Library
1315 Church Street, Moscow, PA 18444
Fridays 10:30-12:30pm

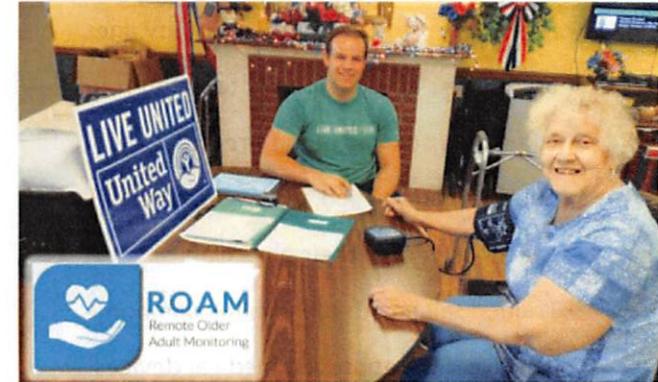
Carbondale
Carbondale South High Rise
60 S Main St, Carbondale, PA 18407
Wednesdays 10:30-12:30

Old Forge
Old Forge Borough Building
310 S Main St #2, Old Forge, PA 18518
Thursdays 10:30-12:30pm



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Free Health Screenings and Vital Sign Monitoring

Empowered and funded by



United Way of Lackawanna & Wayne Counties



United Way of Lackawanna & Wayne Counties

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ROAM: Remote Older Adult Monitoring

What is ROAM?

Remote Older Adult Monitoring (ROAM) is a voluntary weekly program that offers citizens of Lackawanna County age 60 or older an opportunity to monitor vital signs such as blood pressure, pulse, blood oxygen, and weight between visits with their physician.

Trained telehealth technicians use non-invasive, FDA approved medical devices to obtain and track senior's vital signs. The readings are transmitted to a nurse from the Lackawanna County Department of Human Services Area Agency on Aging who can contact the senior directly at the first sign of an alert.

MANAGE YOUR OWN HEALTH

ROAM offers seniors an opportunity to better manage their own health. Remote Patient Monitoring (RPM) telehealth technology may have a positive impact on chronic disease management and can provide significant value to those diagnosed with high or low blood pressure, heart disease, or diabetes. The program is designed to both educate the participant on their health conditions as well as give them the opportunity to speak regularly to a remote telehealth nurse by phone.

FREE TO USE

ROAM is a completely free, voluntary program available once weekly at a variety of areas within Lackawanna County.

INTERACTIVE

ROAM is a community based program that gives seniors an opportunity to connect with other members of their community and form cross generational bonds with the student technicians. Seniors can volunteer with the program and help their peers record and maintain their vitals while fostering a sense of community and companionship.



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