



# South Side Active Older Adult Community Center March 2020

## Daily Activities Monday

9:30-11:30 Arts & Crafts  
12:15-1:30 Big Bingo

## Tuesday

9:00-10:00 Faith Builders  
10:00-11:00 IPAD Training  
10:00-11:30 Art w/ Gloria

## Wednesday

9:00-11:30 Pinochle  
9:30-10:00 Walking Team  
9:30-11:30 TIPS  
9:30-11:30 Arts & Crafts  
11:45-12 Ice Cream Social  
12:15-1:30 Bingo

## Thursday

Bread Distribution  
9:00 AM—11:30 Pinochle  
12:00-1:00 Bingo

## Friday

9:00-11:30 Wii Bowling League

LUNCH SERVED AT 11:30 AM

## TIPS

Telehealth Intervention  
Program for Seniors  
(Blood Pressure, Oxygen Level &  
Weight)

South Side Active Adult  
Community Center  
425 Alder Street  
Scranton, PA 18505  
570-346-2487  
Amy Kazmierski, Manager

Mon	Tue	Wed	Thu	Fri
2 10am Scranton Manor Bingo & Prizes  Pet therapy With Leo	3 11am Lacka. College O. T Dept. "My plate" nutrition	4 10am Howard McIntosh LCAAA	5 10am AFAP Exercise Class	6 WII Bowling  Weinberg Food Delivery
9 10am Trivia & word games	10 11am Lacka. College O.T. Dept Adaptive Equipment	11 10am Peg- Chair Yoga	12 10am AFAP Exercise Class	13 WII Bowling
16 St. Pat's Day Party!!	17 11am Lacka. College O.T. Dept Chair exercise  Happy St. Patty's Day Ham & Cabbage	18 10am Council Mtg. 11am Site council mtg.  March BDAYS!	19 11-2:00 Boscov's Health Fair	20 WII Bowling  Weinberg Food Delivery
23 10am Home Instead Scams & Fraud	24 11am Lacka. College O.T. Dept Spring Craft  12 noon Book Club	25 9:30am Blood pressure  10am American Red Cross Fire safety & Free smoke alarms	26 10am AFAP Exercise Class	27 WII Bowling
30 9:30am Blood pressure  10am Geisinger Healthy snacks and "make your Own smoothie"	31			