

# **Adopt a Mom Project**

## **Livestream Support Trainings**

THIS IS OPEN TO THE PUBLIC AND EVERYONE IS INVITED.

Please share this to help us spread support to our whole community both near and far.

ALL the details for each broadcast can be found at the links provided below.

**Today, March 25 @ 7pm**

**Topic: Living in Higher States of Consciousness: The Key to a Successful, Happy, and Fulfilled Life**

Guest Expert: Sharon Krawetz from Dallas PA

Here's the link to join on Facebook on the Adopt a Single Mom Project page.

<https://www.facebook.com/adoptasinglemom/videos/206474063967059/>

**Friday, March 27 @ 6 pm**

**Topic: Blissed Out & Bossed Up: Connection between your Faith, Spirituality and Success**

Guest Expert: Kari Yasi, Foxboro, MA

Here's the link to join on Facebook on the Adopt a Single Mom Project page.

<https://www.facebook.com/adoptasinglemom/videos/511422606144471/>

**Saturday, March 28 @ 2 pm**

**Topic: How to start earning money now, even if you can't go to work**

Guest Expert: Eileen Healey, Elmhurst Twp., PA

Here's the link to join on Facebook on the Adopt a Single Mom Project page.

<https://www.facebook.com/adoptasinglemom/videos/234736241053434/>

Already broadcast and replay is available anytime:

**Topic: Stress Relief and Self-Care in Stressful Times.**

**Guest Expert Patti Stevens, Ageless Lifestyle Mentor from Las Vegas, NV**

Watch Now: <https://www.facebook.com/adoptasinglemom/videos/2620264654854505/>