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COVID-19's Impact on Mental Health and How Communities Can Move Forward

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Ruth,

The COVID-19 pandemic has had a profound, negative impact on the mental health of people in communities across the nation. In 2020, the number of people taking an online mental health screening to identify conditions such as anxiety or depression more than doubled from the year before – to over 2.5 million.

Almost overnight, mental health providers and organizations had to change the way they provide services and remain flexible as the pandemic wears on.

At this event, hosted by **Mental Health America** in partnership with the **CDC Foundation**, presenters will

discuss trends in mental health screening data from 2020, and the role community-based organizations can play in responding to mental health needs at the local level during a crisis.

Speakers include: CDC Foundation President and CEO Judy Monroe, MD; Maddy Reinert, senior director of population health, Mental Health America; Amelia Burke-Garcia, PhD, MA, program area director in the public health department at NORC at the University of Chicago and program lead of the How Right Now campaign; and Robert N. Davison, CEO of the North Jersey-based Mental Health Association of Essex and Morris, Inc.

This webinar is part of a special series specifically tailored to CBOs and their partners.

**Join us for the online COVID-19
and Mental Health Webinar:**

Tuesday March 2, 2021
2:15–3:15 PM ET